

## Structure

Workloads by balancing caseloads and varying exposure.

### **Support**

Employees with supervision, debriefing, and peer networks.

#### **Promote**

A culture that values staff well-being and psychological safety.

#### **Educate**

Staff on Vicarious
Trauma, it's symptoms,
coping strategies, and
available supports.

# Vicarious Trauma

Mitigating the impact of repeated exposure to patient trauma by fostering awareness, resilience, and organizational support for healthcare professionals.

#### **Implement**

Policies for prevention, intervention, and follow-up.